



WINTER 07-08 PRESS KIT



GETTING BOLD

GETTING BOLD [getting bold]

n. comp ♦ The ability to surpass yourself, become someone else, take off, go for it and more... A phenomenon mainly observed in the resort of Tignes.

www.tignes.net

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► Top tips for everyone

In Tignes you can ski before and after everyone else

↘ **New**
Early season
snow : special
Top class and free for children!



At Le Ski d'or, a newly refurbished 4* hotel at the foot of the pistes in Val Claret, your children can stay for free when you come for the first taste of the new season snow!

Free stays for children aged up to 13 (sharing a room with their parents) + 50% reduction on ski passes for bookings of 5 or more nights.

From €75 per adult B&B and from €105 per adult half board. Offer applies from 27 October to 1 December 2007.

Tignes Réservation :
+33 (0)4 79 40 03 03
or www.tignesreservation.net

↘ **Spring Holiday :**
Tignes will throw in your apartment for free !

In Tignes it may be April, but it'll feel like Christmas because of what we're giving away!

When you buy four 6-day ski passes, Tignes will throw in a week in an apartment, absolutely free!

One week from only €174 per person. Offer applies from 29 March to 5 April 2008.

Tignes Réservation :
+33 (0)4 79 40 03 03
or www.tignesreservation.net

On the piste in one click!

Book on the Internet, save time and avoid all the hassle on arrival day: the reservation center, Tignes Réservation and its all-inclusive packages are the answer! In one click you can book your accommodation, ski lessons, ski passes, equipment hire, an original activity you've never done before such as ice diving, a Savoyard evening at 3,000 metres, and more...

How to do it :

book your tailor-made package online with secure payment at

www.tignesreservation.net

A question? Our Internet holiday advisors are waiting for your call on +33 (0)4 79 40 26 62

In Tignes you can ski from 29 September 2007 to 8 May 2008.



↘ **New / Top tip for families**

Espace Killy Tignes Val d'Isère family holiday



Come with the family and qualify all winter, whatever dates you book, for a 50% reduction on a 6-day or 7-day Espace Killy ski pass for the 4th and additional family members.

Offer is based on 2 adults and 2 or 4 children aged under 13, and includes :

- 7 nights accommodation (½ board in a hotel)
- + 6-day ski passes for Espace Killy Tignes Val d'Isère
- + 1 covered parking space

Example prices for Christmas week, 22 to 29 December 2007:

From €299 per person (4 sharing a studio).

From €639 per person (family room in a 2* hotel, half board).

Tignes Réservation : +33 (0) 4 79 40 03 03 or www.tignesreservation.net

Click
Holiday
Skiing
Top tip
Escape
Autumn
Spring
Family break
Get-together
Celebrate

↘ **autumn short break offer**

Be the first to enjoy the XXL skiing. Espace Killy opens on 1 December 2007.

Make the most of 300 km of newly opened pistes in Espace Killy Tignes Val d'Isère on 1 and 2 December 2007.

From €119 per person in a studio for 4 and from €209 per person in a 2* hotel, B&B in a double room.

Bonus : 3rd day's skiing free of charge !

Tignes Réservation :
+33 (0)4 79 40 03 03
or www.tignesreservation.net

↘ **New / Tignes gets some gay attitude**

Gay Week, from 29 march to 5 april 2008



Tignes is flying the rainbow flag in honour of the gay community. For one week, Tignes is getting some gay attitude by welcoming the Happy Gay Ski Week and organising a week of skiing and partying for gays.

The program : accommodation in a 3* or 4* hotel, a ski pass for espace Killy and the 'fiesta pass': welcome and farewell cocktail parties: themed evenings, warm up party and after party and, for sports fans, snowsports competitions.

Tignes Réservation : +33 (0) 4 79 40 03 03 or www.tignesreservation.net

↘ **Tignes will throw in your apartment for free !**

Tignes Airwaves, season 4 : 5 to 12 January 2008

Come and experience Europe's ultimate snowsports event and share the adrenaline buzz! 5 days of spectacular events featuring the best riders in the world: halfpipe, slopestyle, skicross, freeride, FMX, mountain biking 4X and one big party!

And to enable you to experience this outstanding event, Tignes will throw in a week in an apartment + admission to the shows and evening events when you buy a 6-day ski pass: a total of €174 per person for the week!

Offer applies to 4 people sharing a studio when buying four 6-day Tignes adult ski passes.

Tignes Réservation : +33 (0) 4 79 40 03 03 or www.tignesreservation.net

↘ **New / Guess who's coming to mix?**
Top tip for the New Year : clubbing special with Martin Solveig and David Vendetta on the decks



31 December 2007: Tignes is the place to be!

Martin Solveig and David Vendetta invite you to the last night of 2007 in Tignes. The evening includes an outdoor party on the snow front, which will be turned into one huge dance floor for the occasion.

From €399 per person in a studio for 4 and from €639 per person in a top-of-the-range apartment for 4. Package includes :

- 7 nights accommodation
- + skiing : 6-day Espace Killy ski pass
- + partying : outdoor New Year's Eve DJ party with David Vendetta and Martin Solveig
- + bubbles : 2 bottles of champagne for 4 people (Be careful, To be consumed with moderation. Alcohol abuse is dangerous for your health).

Offer applies from 29 December 2007 to 05 January 2008.

Tignes Réservation : +33 (0) 4 79 40 03 03 or www.tignesreservation.net
www.martinsolveig.com / www.davidvendetta.com



7 to 11 January 2008

↘ Tignes Airwaves season 4

Good things happen in fours! For the fourth year in a row, Tignes is organising the ultimate event for the top riders on the international snowsports scene and all the alternative sports that involve skis, boards and wheels.

Five days featuring all the ingredients that have made the American X-Games such a success: a prize money of €150,000 in season 4, spectacle and adrenaline. Four years ago it was a big gamble: putting on 5 days of events featuring all the snowsports, with skiercross, halfpipe, slopestyle, mountain biking, FMX and freeride. But one competition led to another, and another... This is an invitational competition, attracting the top riders on the planet. It's an opportunity for them to try out and show off the first demonstrations of their new tricks for the 2008 season, just before the major competitions on the other side of the Atlantic.

► Dates for your diary!

New for 2008 :



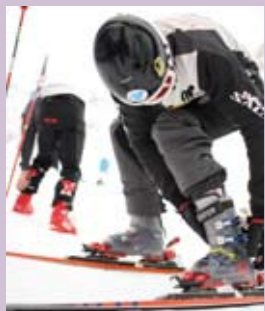
Tignes Airwaves for girls too !

The amazing skiing featured in the Tignes Airwaves is, according to all the riders, going "back to basics" on a tough course suitable "for gentlemen warriors only": fast and aggressive just the way they like it. Enak Gavaggio, the dark lord and unrivalled symbolic figure of the discipline, describes it as a «Supercross.»

In 2007 the French skiercross girls swept the board with the top podium places all over the world. The new female stars who have been setting the pistes alight from the X Games to Tignes are invited to the 2008 Tignes Airwaves.

↘ ZOOM

Spotlight on a 'SkierX' star made in Tignes : Méryll Bouleangeat.



In 2007, after reaching the 3rd place on the podium at the X Games, the World Cup GC and the Salomon Crossmax, Tignes girl Méryll Bouleangeat finished 2nd in the 2007 skiercross world championships.

At just 20, Méryll, who also works as a ski instructor for Tignes ESF is now within reach of top

honours in world skiercross ! Skiercross is moving into the big time and will become an Olympic discipline for the first times at the Vancouver Games in 2010.

PROGRAMME :

- **Monday 7 January** : Halfpipe, ski and snowboard / Finals in the evening
- **Tuesday 8 January** : Quarterpipe and Big Air, ski and snowboard / Finals in the evening
- **Wednesday 9 January** : Skier X, women's and men's / Men's Boarder X
- **Thursday 10 January** : Freeride, ski and snowboard / FMX in the evening
- **Friday 11 January** : MTB 4X



New for 2008 : boardercross



Like skiing, snowboarding has already made it to the big time. The snowboarding sport of boardercross became an Olympic discipline in Turin in 2006. And the show must go on in Tignes!



Mixing
Adrenaline
Rider at heart
Freestyle
SkierX star
Electric
Gay
Shivers
Show
Happy New
Year!

13 December 2007 : bumps and acrobatics in Tignes !

↘ Freestyle Ski World Cup individual moguls competition

The top mogul freestylers are coming to Tignes on 13 December for the first individual moguls circuit event of the 2008 season.

Tignes has always been at the forefront of the new snowsports, having hosted the first Freestyle Ski World Championships in February 1986 (moguls, ballet and jumping) and of course the freestyle events for the 1992 Winter Olympics... we haven't forgotten a certain Edgar Grosperon!

↘ New: Clubbing special



31 December 2007

Guess who's coming to mix?

See in the New Year with Martin Solveig and David Vendetta on the decks!

31 December 2007, 10 p.m. to 2 a.m.: Tignes is the place to be!

Martin Solveig and David Vendetta, with his violonist Micah, have chosen to see in 2008 in Tignes.

Outdoor party on the snow front, which will be turned into one huge dance floor for the occasion. -20°C outside, but hot, hot, hot on the inside!

Dress code: wrap up warm.

Free show. A crowd of 10,000 is expected.

The Martin Solveig's playlist : Something Better, Everybody, Jealousy, Dalila, Cabo Parano, Rejection.

The David Vendetta's playlist : Love to love you baby, Unidos para la musica, Break 4 love, Sexy people, Bleeding heart.

The Tignes's playlist: You !



www.martinsolveig.com / www.davidvendetta.com

New / Trends



February 2008

↘ The Electric Motor Show : the green option

Organised by the French electricity company EDF, manufacturers of electric and hybrid vehicles are getting together in Tignes les Brévières for their first international motor show in the mountains. Under the watchful gaze of Hercules, who is pictured on Tignes' famous hydroelectric dam, the brands will be putting their models on show to the general public and trade. Test drives will also be organised on the ice driving circuit in Tignes les Brévières.

8 to 12 March 2008

↘ Tignes planet freeride : the AFP World Tour

(Association of Professional Freeriders)

Tignes has a reputation for outstanding off-piste, and from 8 to 12 March 2008 it is hosting the AFP World Tour 2008, which attracts the world's 44 top freeriders to the French event on the new world freeride circuit.

After North America, Russia and Switzerland, the AFP World Tour, the Association of Professional Freeriders World Cup, is coming to the legendary slopes of Grande Balme in Tignes.

22 skiers and 22 snowboarders will compete against each other in a deciding run that will count towards the final classification in the Freeride World Cup, the AFP World Tour 2008.

The judges mark the freeriders according to 5 criteria: choice of line, smoothness, control, technique and style, rhythm and aggressiveness.

► Tignes: planet ski

Tignes is made up of 7 hamlets and villages set at different levels between 1550 m and 2100 m. Its XXL ski area, Espace Killy, Tignes-Val d'Isère, offers 300 km of pistes and a vertical drop of 1900 m. A ski area that also has a reputation for outstanding off-piste.

Tignes landmarks : 100 years of skiing and sport

- 1906 : Tignes' first hotel is opened.
- 1934 : the first ski school is opened.
- 1936 : the first ski tow and the first tourist information office. The resort welcomes the first skiing tourists.
- Avril 1952 : a dark year... To generate hydroelectric power for the country, the village is swallowed up when the Chevril dam is opened. A few snowsports pioneers from Tignes settle at 2100 m on the shore of the natural Lac de Tignes and establish a ski resort.
- 1960 : Raymond Pantz creates 'Tignes 2100', the concept of the 'integrated' resort. 3 ski lifts are built and the resort is already linked to Val d'Isère.
- 1967 : property developer Pierre Schnebelen builds a system of ski lifts on the Grande Motte

Glacier, which comes to symbolise the resort. The slogan «ski 365 days a year» still sticks in people's minds.

■ 1986 : Tignes is the birthplace of 'acrobatic skiing' (freestyle). Tignes, at the forefront of the new snowsports, hosts the first Freestyle Ski World Championships in February 1986 (moguls, ballet and jumping).

■ 1992 : a legend is born. On the Olympic piste at the Winter Games in Albertville in 1992. We still remember a certain Edgar Grosperon (gold medal in the moguls) !

■ Christmas 1997 : first training course for the French football squad in Tignes. Tignes and football : 10 passionate years.



XXL
Skier
Rider
Pleasure
Snowsports
Altitude
Sun
White
Glacier
First to ski

► In Tignes you can ski before and after everyone else

In Tignes you can ski from 29 September 2007 to 8 May 2008. The Espace Killy, Tignes-Val d'Isère is open from 1 December 2007 to 4 May 2008. Thanks to its high altitude, in Tignes snow is **guaranteed**.

Itching to get back on your skis ? Get out your diary : **29 September 2007 is the big day !** The first run, the first turns. Come and join us at 3000 to 3456 m on the Grande Motte Glacier : Autumn may just be starting elsewhere, but in Tignes it's already winter.

In Tignes, when it's spring it's still winter ! In Tignes, when it's spring there's still snow for quality skiing and the prices shrink in the sun. **Tignes offers great skiing until 8 May 2008** : the ideal time to enjoy skiing in optimum snow and sunshine conditions.

► Sport in Tignes

Situated between 1550 and 3456 metres, Tignes offers outstanding facilities in superb surroundings and is broadening its provision of hospitality for sportsmen and women to become THE training centre for top-level sports.

► ZOOM • Spotlight on our customers : young and sporty !

- In winter, Tignes totals 2 million bed-nights and 1.5 million skier-days.
- Most of our customers are male, young (aged between 25 and 35) and sporty: 80% of our customers ski or practise some other sport, both winter and summer.
- 53% of our customers are from abroad: of which 33% GB, 18% NL, 10% BEL, 10% GER, 7% CH, 7% SP, 5% RUS and 4% SCAN.
- Tignes' accommodation capacity is 30,324 beds, 53% of which are commercial.
- Results for winter 06-07: Tignes finished on top, with visitor numbers decreasing slightly by -0.4% compared with the average fall in high-altitude resorts of -3.1%.



New

Espace Killy family ski pass

Come with the family and qualify all winter, whatever dates you book, for a 50% reduction on a 6-day or 7-day Espace Killy ski pass for the 4th and additional family members.



Winter 2007/2008 ski pass prices Espace Killy Tignes-Val d'Isère ski pass, available from 1 December 2007 to 4 May 2008

1 day, adults : €42,00 children* : €33,50
6 days, adults : €202,50 children : €162,00

Tignes ski pass, available until 8 May 2008
1 day, adults : €36,00 children : €29,00
6 days, adults : €174,00 children : €140,00

*New :

Child price extended!

The child price applies to children aged 5 to 13 inclusive (instead of 12 years old)

► The Figures of the Espace Killy

- 300 km of pistes
- 10,000 ha of pistes
- 1900 m of vertical drop: from 3456 m on the Grande Motte Glacier to 1550 m at Tignes les Brévières
- 2 glaciers: La Grande Motte in Tignes and Le Pissailas in Val d'Isère
- 154 pistes: 25 blacks, 46 reds, 61 blues and 22 greens
- 378 snowmakers: a total investment of around €10 million
- 89 ski lifts: 2 funiculars, 4 cable cars, 4 gondolas, 23 detachable chairlifts, 22 'standard' chairlifts and 34 ski tows
- 2 snowparks
- 111 ski patrol staff and explosive handlers
- 52 piste groomer drivers
- 300 ski lift operators and employees





► Tignes: planet ski

▼ In the ski schools, it's all about riding!

FREERIDE CAMPS

The ESF in Le Val Claret is getting to the heart of freeriding by organising Freeride Camps, one-week courses introducing the new snowsports, going off-piste and mountain safety training for teenagers aged 13 and over. They learn a lot on the SPOT zone.

From €121.50 for 5 half-days and from €179 for 5 full days (during school holidays only).

ESF Val Claret : +33 (0)4 79 06 31 28
www.esftignes.com

New

FREE MOTION courses

The ESF in Tignes le Lac is offering 13 to 17-year-olds who ski at étoile d'or level to get together for some varied snowsports fun: freestyle, freeride, back country, and more... Tailor-made courses for daredevil teenagers looking for an adrenaline buzz!

ESF du Lac : +33 (0)4 79 06 30 28
www.esftignes.com

New Keeping in touch



In addition to the indispensable trio of avalanche transceiver, shovel and probe, Snocool is equipping its customers with a push-to-talk backpack that enables pupils not only to talk to but also to listen to information and advice given by the instructor during off-piste sessions.

From €220 per person for a 5-day course. 4 hours of lessons per day.

Snocool : +33 (0)6 15 34 54 63
or +33 (0)4 79 40 08 58 www.snocool.com



Powder
Be prepared
Read
Learn
Freeride culture
Keep in touch
Freeride
Freestyle
Grow
Passion



▼ Be prepared

Tignes is making safety its main priority

Head for the SPOT Zone

For 4 years now Tignes has been adopting an active approach to mountain safety: skiers can educate themselves and learn to read the mountains before they go off-piste. This novel resort approach puts Tignes ahead of the game when it comes to safety.

What is the SPOT Zone?

First there is the SPOT reception chalet where the piste patrol guys welcome the riders. A valuable opportunity to talk face to face to mountain professionals who will share their extensive experience and passion for the mountains with you. The SPOT Zone is in the Palet sector, runs from the Col des Vès to the bottom of the Grande Motte and is made up of different zones :

■ The ARVA Zone

In the middle of the SPOT Zone is an area where you can perfect your knowledge of or learn how to use an avalanche transceiver, the freerider's best friend! Everyone, from novice to pro skier, can learn the basics, practise and become an expert at using an avalanche transceiver, either on their own or supervised by members of the piste patrol. 8 transmitters are buried in the zone for practice searches suited to everyone's level. Admission free.

■ The Naturides

ungroomed black runs. There are 6 Naturides in the Tignes ski area. These are black pistes that are marked out and made safe but not groomed. The natural conditions are left untouched and will depend on the snow and sun at the time.

■ The Boardercross course

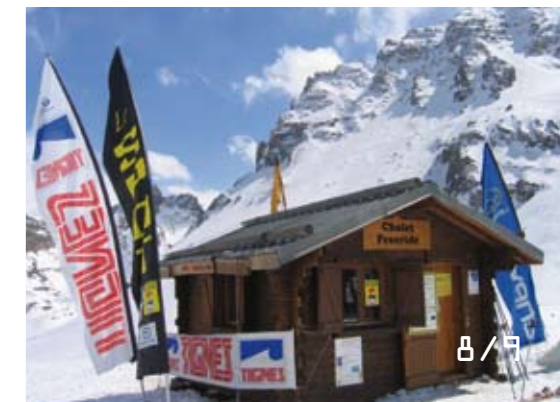
Following the same principle as motocross, several riders set off at the same time down a wide course crammed with turns, bumps, compressions, banks and jumps.

■ The Backcountry Freestyle Zone

Riders use a shovel to build their own kickers for taking off and landing in the powder. For riding the way you want to.

■ The snowpark

The Snowpark is equipped with two halfpipes: one 120m expert halfpipe that is shaped to FIS standards and where Tignes Airwaves will be taking place from 7 to 11 January 2008, and one 70m beginners' halfpipe. The Snowpark is environmentally friendly, making use of the terrain's natural shape. And there are rails and jibs for expert tricks!



▼ The off piste myth for freeriders accompanied by a mountain professional !

■ The Sache valley Roadbook :

Start from the Aiguille Percée at 2 748 meters altitude. Arrival in Tignes Les Brevieres at 1 500 meters altitude. From Tignes Le Lac, take the Palafour chairlift, followed by the Aiguille Percee chairlift.

Hike up for about a 100 meters in the same direction as the chairlift. Put your skis on.

The descent begins with a steep and narrow gully, followed by a nice open valley that ends in the surroundings of the Sachette lakes.

Then go direction north-east towards the coombs, pass in front of the 'Sache' chalets and then go direction the Marais rocks. Stay at the right hand side of the stream! Arrival in Tignes Les Brevieres through the woods, at 1 500 meters altitude.

Information for the freerider :

Hiking time : 15 minutes

Time of descent : 1 hour

Positive altitude difference : 100 meters

Negative altitude difference : 1 300 meters

Level : medium

Environmental extra's :

The Sache valley is a protected nature reserve

For your safety

Be prepared and never go alone !



Under the ice... ice diving

A magical activity unique to Tignes, ice diving takes place right in the middle of the resort at 2100 m : an amazing exploration of Lake Tignes, which is covered with ice for 6 months of the year.

This may be an extreme activity concept but anyone can do it: the diver is simply led by the instructor along a guideline. In Tignes you can also go ice diving at night.

From €70 per person for a day dive.
From €90 per person for a night dive.

The Tignes ice diving school is also a professional training centre.

In addition to have-a-go sessions, ice diving courses are now available to teach you how to swim under the ice at altitude. They are open to anyone, including adventurers and explorers of the wide-open spaces, who wants to experience the frozen underwater world before setting off on a great odyssey, like Jean Louis Etienne in 2007.

Evolution 2 : +33 (0)4 79 06 43 78
www.evolution2.com

► There's never time to stop
in Tignes!

Exploring snow and ice: novel activities

On the ice...

dog sledding

Have a go at dog sledding on the frozen lake in Tignes, with help from the musher: Arctic atmosphere guaranteed! The sleds are pulled by a pack of huskies, samoyeds or malamutes. These dogs love working hard and the cold ice.

From €30 for an introductory run.
From €130 for a forest expedition.

Evolution 2 : +33 (0)4 79 06 43 78
www.evolution2.com

Or... ski jöring

An original discipline that combines skiing and carriage driving. Pulled along on skis (or a snowboard) by a horse, this is an ancient form of transport brought up to date that's fun for both skiers and horse riders.

From €16 for the junior arctic expedition for beginners (minimum age 8).
From €40 for the night-time arctic expedition with a stopoff for mulled wine.

Evolution 2 : +33 (0)4 79 06 43 78
www.evolution2.com



Dive
Ice
Novel
Ice skating
Extreme
Get to the
bottom
Discover
Frozen
Polar
Arctic

And also... the natural ice skating rink on Lake Tignes

In Tignes you can now explore the winter countryside as you skate, right in the heart of Tignes at 2100 metres on the frozen lake. This skate-rambling concept was invented by the Canadians. The ice is treated with a special substance to ensure that it remains really thick along a circuit 500 metres long and 5 metres wide.

Open daily from 2 to 8 p.m. Free admission.

Maison de Tignes : +33 (0)4 79 40 04 40
www.tignes.net

New Mountain biking on snow

Hang up your skis and get on your bike! When the pistes have closed and the Aéroski gondola in Tignes le Lac makes its last ascent, you can zoom down the deserted pistes... on a mountain bike! This totally original activity is accompanied by a qualified instructor. The delights of snowsports take on a new meaning.

From €40 per person for a one-hour descent. Price includes hire of freeride downhill mountain bike and protective gear.

Chlorophyll : +33 (0)6 75 03 82 69
www.chlorophyll.fr

New/On the piste at night

At nightfall, just like the dance floors, things can get pretty hot on the ski pistes too! Three different gourmet Savoyard dinners at altitude are on offer. You go up the mountain by tracked vehicle or funicular, and after dinner you return to the resort either on skis, with a flaming torch, or on a sledge! Follow the rhythm and keep up with the pace: guaranteed atmosphere!

Skiing by night options:

■ Ascend in the funicular, dinner at 'Le Panoramic' perched at an altitude of 3000 m on the Grande Motte Glacier. Torchlight descent after dinner. Every Thursday evening. From €32 per person for the evening.

STGM : +33(0)4 79 06 60 12/ www.tignes.net

■ Ascend by tracked vehicle and descend by sledge after dinner at L'Alpage or La Savouna. On request. From €70 per person for the evening.

Évolution 2 : +33(0)4 79 06 43 78 / www.evolution2.com
Chlorophyll : +33(0)6 75 03 82 69/ www.chlorophyll.fr



Background : TIGNES AND LES BLEUS 10 years of passion

Since Christmas 1997, Tignes has been the regular haunt of the French national football squad. In December 1997, France coach Aimé Jacquet and his young squad came to Tignes for winter training for the first time. Aimé Jacquet slowly began the process of building the team spirit, which again in May 1998 in Tignes continued to gather pace until their historic victory on 12 July 1998.

And since in any case the football World Cup always begins in Tignes, after Aimé Jacquet and Roger Lemerre, Raymond Domenech continued the tradition in 2006.

A retrospective in pictures and photographs of 10 years of French squad training camps in Tignes is on show all winter at La Maison de Tignes. Admission free.

In the footsteps of Les Bleus : the ascent of La Grande Motte

On 24 May 2006, the French national football squad climbed to the top of La Grande Motte. Onwards and upwards: you too can follow in the footsteps of Les Bleus and set off to conquer the summit! As it was for Les Bleus, the aim is to become more close-knit and engender a team spirit, but this is above all about having an unforgettable experience, like a kind of pilgrimage! From 5 people.

From €110 per person for the 4-hour climb, equipment and guide included.

Chlorophyll : +33 (0)6 75 03 82 69
www.chlorophyll.fr

New Children's sledging runs

All over the resort there are specially prepared sledging runs for children only so that they can have lots of fun sledging in complete safety !





NOT TO MISS La Ferme des 3 Capucines

A family affair: mum, dad and three daughters. The Ferme de Lognan is the highest farm in Europe to operate throughout the year. It has been turned into a traditional family-run restaurant, with the whole family helping out. The décor is wood, and what's different about this restaurant is that you eat next door to the cows, with a view straight across to the cowshed! Home-made produce guaranteed. From €30 per person for the traditional set menu.

La ferme des 3 Capucines
Tignes le Lavachet : +33 (0)4 79 06 35 10

EAT AND SING ! Le Caveau

There's a dinner concert atmosphere at Le Caveau. Every evening from 10.30 until 1.30, a live concert starts towards the end of dinner. Enjoy rib of beef or more sophisticated dishes to the sound of rhythm 'n' blues, country, jazz, rock 'n' roll and old favourites... all served up by french actor Franck Dubosc, or at least by a Brit who's the spitting image... Amazing, and worth the trip!

Le Caveau
Tignes Val Claret : +33(0)4 79 06 52 32

LE «CHEF» Le Chalet Bouvier

This restaurant is run by chef Jean-Michel Bouvier, who has a Michelin macaroon at his restaurant 'L'essentiel' in Chambéry. Here you'll find a contemporary design atmosphere, an open-space kitchen, an open fire, a relaxing lounge area and plates made of slate, details that prove very popular. On the menu are dishes featuring traditional Savoyard produce such as raclette and oven-baked Vacherin and also highly inventive cuisine that respects the Alpine traditions.

Le chalet Bouvier
Tignes Val Claret : +33(0)4 79 06 99 90

A GREAT CLASSIC L'Arbina gastro

Right in the heart of Tignes, the Arbina gastro is a classic of the genre. A very good cellar, sophisticated cuisine, desserts that will floor you, attentive hospitality and a south-facing terrace. The ideal place to take your ski instructor for lunch. It's also frequented by French celebrities. You might bump into stars such as Jean-Louis Aubert, Raphaël and Bixente Lizarazu, who are all regulars.

L'Arbina gastro
Tignes Le Lac : +33(0)4 79 06 46 83



Feeling good
Creature comforts
Fine food
It's good
Let yourself go
Share
Make love
Linger
Warm
Delights

A TOP LUNCH SPOT in Espace Killy : L'Armailly

Situated in Tignes Les Brévières at an altitude of 1550 m, L'Armailly is an ideal place to stop off at when skiing around Espace Killy. Set off from 2100 m in the morning and cruise down to 1550 m at Les Brévières. L'Armailly is in the heart of the traditional village, a stone's throw from the baroque church. Book a table on the terrace: at 1550 m the temperature is always wonderful !

L'Armailly - Tignes Les Brévières :
+33(0)4 79 06 41 82

➤ Snuggle up : great places to stay

IN BED WITH ZIDANE Le Village Montana 3*

Le Village Montana was the first top-of-the-range hotel in Tignes and its reputation now precedes it. Since 1996 the 3* Village Montana has gained unrivalled experience in always providing its guests and also top athletes with the very best welcome. The most recent prestigious guests were the French national football squad in May 2006 but others have included the players from Olympique Lyonnais and the European beach soccer teams, including the Cantona brothers. Little tip : if you want the treat of sleeping in Zidane's bed, ask for room 423! From €97 per person per night in a double room, half board.

Le Village Montana : +33(0)4 79 40 01 44
www.montana.com

BACK TO AUTHENTICITY L'Ecrin du Val Claret 3*

This 3* hotel with 56 bedrooms, opened in December 2003, offers a marvellous experience and atmosphere and is fast becoming a character hotel with one of the best reputations in Tignes. MGM Constructeurs has created a hotel that successfully combines mountain architecture with stylish living, featuring the very latest in modern décor... From €95 per person per night in a double room, B&B.

L'Ecrin du Val Claret - Tignes Val Claret
+33(0)4 79 40 22 50 www.cgh-residences.com

Les Campanules 3*

This hotel is run by one of the oldest families in Tignes. Pioneers of the Tignes hotel industry, the Raymond brothers have made their hotel a really special place. Ideal for a ski holiday with lots of pampering. The bedrooms were all refurbished last year. The bonus: the spa and the heated outdoor swimming pool with a view of the pistes and the Grande Motte. From €100 per person per night in a double room, half board.

Les Campanules - Tignes Le Lac
+33(0)4 79 06 34 36
www.campanules.com

➤ ZOOM

Tignes property owners are spoiled !

Tignes, pioneer in real estate renovation, looks after its property owners very well and is introducing a win/win partnership system to improve the quality of Tignes' rental accommodation. And also a unique and groundbreaking renovation scheme. The result? 1,300 apartments newly renovated, re-classified and nice and cosy inside!

Tignes Réservation : +33(0)4 79 40 03 03
www.tignes.net



HIGH UP IN THE MOUNTAINS Le chalet Colinn, Le chalet d'hôtes

Le Chalet Colinn nestles in a completely unspoiled country setting! The chalet faces southwest, opposite the Dôme de la Sache and overlooking the Tignes Dam, perched in the mountains. Each of the five bedrooms has its own individual décor on the theme of travelling, which symbolises the broad-minded attitude of people like the pedlars of the valleys of Savoie, who as early as the 19th century would journey to other valleys. From €82 per person per night in a double room, half board.

Le chalet Colinn Le Franchet de Tignes
+33(0)4 79 06 26 99 www.tignes.net

**Come on in, the water's lovely !
LE LAGON :**
Spa, watersports and fitness
centre right in the heart of Tignes

Diving, swimming, playing, splashing, doing the crawl, the breast-stroke, lounging about, pushing yourself, toning up and also chilling out and relaxing: do it as much as you want, ideal for après-ski or during the day. 5,000 m² in the centre in the heart of Tignes made up of 3 sections dedicated to your well-being: a fitness area, a wellness area and the swimming pools, and not forgetting the water slides, which are everyone's favourite at Le Lagon!

Le Lagon is Tignes' fabulous well-being facility, ideal for après-ski on your own or with the family

- 25-metre swimming pool
- Fun pool with swimming against the current, bubble bed, whirlpool seat, geyser, waterfall feature... and a waterslide construction with three 30m slides.
- Wellness centre with Turkish bath, saunas, jacuzzis and showers.
- Health centre with fitness suite and weights room.
- Plus instructor sessions for biking, aqua fitness and aqua cardio training, flipper exercises and also introductory scuba diving sessions, etc.

Practical info : making a splash!

- **Swimming package**
€3.50 per day for children* / €4.50 per day for adults
€15.00 per week for children* / €20.00 per week for adults
- **Programme wellness**
1½ hrs wellness facilities/day + swimming pool admission
€13.00 per day for children*
€45.00 per day for adults
- **Health & fitness programme**
1 hr fitness facilities/day + swimming pool admission
€11.00 per day for adults / €39.00 per week for adults
- **All-in programme**
1½ hrs/day wellness facilities + 1 hr/day fitness facilities + swimming pool admission
€18.00 per day for adults / €54.00 per week for adults.
* children aged 5 to 12 qualify for the child price. Free admission for under 5s.

More information : Maison de Tignes
+33 (0)4 79 40 04 40 www.tignes.net



► **Creature comforts in Tignes**



New
Tasty treat
The «Chocolate therapy»

Discover the benefits of the brown bean with a chocolate scrub or chocolate wrap. A gourmet treatment with the mouthwatering odour of cocoa, which combines the soothing properties of chocolate with the benefits of a massage... calorie-free!
From €60 for a 30-minute session.

Spa & Beauté Montagne
+33(0)4 79 40 23 23 www.cgh-residences.com



New
Symphony of the senses
SPA JET

The Spa Jet combines the benefits of water with the relaxing and soothing sensations of aromatherapy, chromotherapy and music therapy. Your senses are stimulated to induce a feeling of total well-being. An explosion of senses.
From €47 for one Spa Jet session.

Spa & Beauté Montagne
+33(0)4 79 40 23 23 www.cgh-residences.com

↘ **Spa Time**

well being

↘ **Tea Time**



Do yourself good
Energise
Have a ball
All night long
Dance floor
Hot stones
Gourmet
treats
Temptation
By night
Wellness

Après-ski temptation

Le Kfé Lounge for a cosy lounge atmosphere. Sweet-tooth treat: to recharge your batteries, go for a dark or milk chocolate fondue accompanied by fruit, marshmallow and other tasty treats! A real temptation!
From €12 for a fondue for 2.

Le Kfé Lounge
Tignes Val Claret : +33(0)4 79 06 53 63



Tignes by night
Clubbing special

For the warm up session, head to the Arobaze Café, where all-nighters congregate before going on to the Blue Girl or the Melting Pot. All you have to do is cross the road and the temperature rises quickly, very quickly! There you'll bump into the queen of the night Ophélie, Tignes' very own playmate.

L'@robaze Café
Tignes Val Claret : +33(0)4 79 06 49 94

Le Blue Girl
Tignes Val Claret : +33(0)4 79 06 51 53

Le Melting Pot
Tignes Val Claret +33(0)4 79 06 35 21

A selection of great flavours
La palette de Boulélé

For tasty regional produce, head for Boulélé's place. Everyone in Tignes knows Boulélé, and he has opened a unique wine bar in the resort. Open daily from 11 a.m. until the last customer leaves!

La Pelette de Boulélé
Tignes Le Lac : +33(0)4 79 08 51 12

It all starts with the après-ski

Head for Grizzly's Bar. At 5 o'clock when the skiing's done, there's nothing better than dropping in for a mulled wine or two at the bar run by Jean-Louis Authier, the Val Claret cowboy! A Far North atmosphere, a log fire, animal skins and polar bears: this cosy place is like nowhere else; you'd think you were in Canada!

Le Grizzly's Bar
Tignes Val Claret : +33(0)4 79 06 34 17





► Green skiing

↳ Tignes has always had a green attitude

In 1952, when the pioneers went up to 2100 m to establish Tignes, without knowing it they had already adopted an environmentally friendly policy. The buildings they built already blended in perfectly with the mountain terrain. Far from building all over the place, the first apartment blocks were built in an arc or arranged as they are in Le Val Claret, reminiscent of the shape of the Grande Motte. In 1963, the national park of La Vanoise is created. 40% of Tignes is included in the park: a great opportunity for the resort to protect its environment. In 2007, Tignes stepped up its efforts more than ever to offer green skiing. Tignes is implementing an environmental policy and green approach in a number of areas.

↳ Tignes is taking care of the earth

Ski and clean

For 7 years, in April and August, Tignes has been organising environment days. At the end of the season the snow melts and the mountains turn green again: an opportunity for some serious spring cleaning! But also in summer on the glacier.

Parked cars means unspoilt scenery

Since 2000, to preserve the tranquillity of the Tignes site, 2,600 car parking spaces have been available. To enable guests to forget about their cars while they're here, there is a free 24-hour shuttle bus service around the resort, day and night. Thanks to various major works and minor alterations, the pedestrian, the skier and the countryside are now back in charge. And wherever you stay in Tignes you can ski from the door!

In Tignes the snow is green !

The resort's snowmakers are environmentally friendly: no 'chemical' additives like Snowmax are used. Snow, water and air: the winning natural trio. There are no hill reservoirs in Tignes. The snowmakers' water supply comes from Tignes' natural lake.

Fewer and fewer lift towers in the countryside

For years, the ski lift company STGM has been investing between 5 and 7 millions of euros every summer in renovating ski lifts. You may remember that in 1993 the Perce Neige funicular was opened, but underground! Every year, old lifts are being replaced by detachable chairlifts, with 2 lifts often being replaced by 1 in the same place: more efficient, less noise and less of an eyesore. **In 10 years, more than 100 towers were cut out.** For example, the Palafour chairlift, replaced in 2007, is 17 towers instead of 56 ! **New for 2008 : replacement of the Les Brévières chairlift.**



Resort architecture : easy on the eye and easy on the environment

Since 2000, Tignes has seen a real return to authenticity, with accommodation upgrades and the use of respected materials such as stone, wood and lauze roofing stones. The resort's most recent new building is Le Lagon, the new aqua centre right in the heart of Tignes. The building opens on to the centre of Tignes and the lake, becoming a vital part of the décor and setting to make it blend in with the site, which is also why it is a low-rise building. It was built using traditional, warm materials that blend in with the mountains.



Supporting associations

In Tignes, 'green' associations are springing up, such as **Ekotignes & Co**, **Ecovoiturage** or **Respect the Mountains**, which run a car-sharing scheme, and there are lectures on sustainable development, clean-up days, schemes involving the children of Tignes, and more...

It's getting warmer !

Bit by bit, developers are making use of new forms of energy that are better for the environment. One example is these 4 chalets in Tignes le Lac, which use a wood-pellet-fired heating network. The system is fuelled by waste from the papermaking industry and heats 4 buildings. A great idea !

Up-to-date
Green
Sustainable
eco-friendly
Protect
Mountains
Planet
Energy
Attitude
Future

Cutting out salt

We don't put salt on the roads in Tignes, but we do spread gravel on the pavements and roads to prevent skidding.

Bio-oil

Tignes piste department looks after its piste groomers and tracked vehicles. They run on bio-oil, which creates less air pollution and is better for the engines.

In Tignes we're sorted !

With 53% of our foreign customers long aware of environmental concerns, Tignes has been sorting its rubbish for 9 years already. 240 selective sorting containers are available all over the resort, with sorting instructions provided in English too. In addition, there are regular schemes to raise awareness among snowsports fans around the ski area: for example the distribution of mini-ashtrays with ski passes.

New / Trends
February 2008



↳ The Electric Motor Show : the green option.

Organised by the French electricity company EDF, manufacturers of electric and hybrid vehicles are getting together in Tignes les Brévières for their first international motor show in the mountains. Under the watchful gaze of Hercules, who is pictured on Tignes' famous hydroelectric dam, the brands will be putting their models on show to the general public and trade. Test drives will also be organised on the ice driving circuit in Tignes les Brévières.

Fill up with energy with LPG

Tignes Développement has established a partnership with the car manufacturer Subaru, which is supplying the resort with cars that run on LPG, protecting the environment and improving life for everyone.



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Need an information update?

Our online press room is just one click away at **www.tignes.net**. Click on 'press'. Regularly updated information, snow reports, videos, press releases, economic, environment and sports information, and more... The pistes of Tignes are just a click away !

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Click on «Photothèque pro»

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